

Caregiver/Physician Medication Refusal Planning Checklist

For each medication your loved one takes

Medication:

- Is this medication improving my loved one's quality of life today, or is it primarily intended to prevent a future health problem?
- How important is it that this medication be taken exactly as prescribed?
- How many doses can be safely missed?
- At what point should I call the doctor if doses are missed?
- Should missed doses ever be doubled?
- Is there a liquid, patch, dissolvable tablet, injection, or other alternative delivery method available?
- Can this medication be crushed?
- Can this medication be mixed with food?

Are there foods or drinks that should not be used with this medication?

Could this medication be causing nausea, dizziness, stomach upset, fatigue, or other side I should keep an eye out for?

Is there a similar medication that may be easier to administer?

If my loved one refuses this medication regularly, what would your recommended plan be?

Could this medication be safely discontinued if administration has become a major source of distress?

ADDITIONAL NOTES:

